

# Charity Dance Workshops

Our Workshops are a great opportunity to have some fun & raise money for a good cause at the same time! All profits from this workshops will go towards getting Air Conditioning into the upstairs studio at SDA.

Everyone is encouraged to do every class even if it's not a style that you usually do & you receive a discount for doing all classes, however if you wish to just do one or two classes you can as well! Intermediate level is for ages 8-13yrs (grade 3-6 in dance); Senior level is for ages 13 & up (grade 7 to advanced in dance); Adult level is for adult & senior dancers of an intermediate or above level. Classes are \$30 each OR if you do 3 or more classes it works out to be just \$25/class. So why not come along to our studio on **Tuesday 14<sup>th</sup> April** & help us raise money to cool our dancers!

**Tuesday 14<sup>th</sup> April 2026:**

UPSTAIRS

DOWNSTAIRS

TIME	CLASS	LEVEL	TEACHER	TIME	CLASS	LEVEL	TEACHER
11.00-12.00pm	Contemporary	Int	Lilias Biasibetti	11.00-12.00pm	Pilates	Senior	Paige Paremain
12.00-1.00pm	Contemporary	Senior	Lilias Biasibetti	12.00-1.00pm	Pilates	Int	Paige Paremain
1.00-1.30pm	LUNCH BREAK						
1.30-2.30pm	Comm Jazz	Senior	Paige Paremain	1.30-2.30pm	Tap	Int	Shilleena Collins
2.30-3.30pm	Cabaret	Senior	Zoe Rowan	2.30-3.30pm	Jazz	Int	Paige Paremain
3.30-6.00pm	BREAK						
6.00-7.00pm	Ballet	Adult	Zoe Rowan				
7.00-8.00pm	Cabaret	Adult	Zoe Rowan				
8.00-9.00pm	Tap	Adult/Senior	Mark Hill				

## What to bring:

- \* all dance shoes (Ballet, Tap, Jazz, Sneakers, Socks/Half Soles, Cabaret etc).
- \* wear dance clothes (crop-top, leggings, shorts, leotard, singlets – whatever you are comfortable dancing in, you don't have to change clothes between classes so wear something you are comfortable doing all styles in, no need to wear a leotard for ballet if you don't want to 😊)
- \* a water bottle
- \* food for snacks & lunch (remember we have a fridge & microwave you are welcome to use)
- \* towel to wipe the sweat & you may also use it to lie or sit on it at lunchtime 😊

If you have any questions, please just contact me,  
Can't wait to see you all there!!

Yours through dance

*Miss Shilleena*