Shilleena's Dance Academy

2027 TIMETABLE

The start of 2027 will see a new timetable commence at SDA. I try to keep the times as convenient as possible and take into consideration the feedback that was expressed to me. As you can imagine, building a timetable is very difficult and careful consideration has been given to both student needs and teacher availability.

The 2027 timetable commences on **Monday 1st February 2027**. If you have any questions, please email me at sda@shilleenasdanceacademy.com.au or call 0439 763 082. If you are planning on changing classes, or wanting to try something new, please let me know ASAP so that I can invoice everyone correctly for Term 1. If I don't hear from you, I automatically roll over enrollments from the previous term. If you wish to cancel your enrolment, please notify me via email. **All the ages mentioned below relate to the age the student will be turning in 2027. Please contact me if you are unsure which level is the most appropriate for you / your child.**

Creative Movement is offered on Saturday mornings. Creative Dance classes for students aged 2½ to 4 years are a wonderful introduction to dance. The students play dance games and act out simple stories as they learn to improve their gross motor skills, coordination, and musicality.

Children can begin **Foundation Ballet, Foundation Tap and Foundation Jazz** if they are turning 5 in 2027 and move into Level 1 if they are turning 6 in 2027.

The **Level classes in Ballet, Jazz & Tap** (Level 1-Advanced Ballet, Level 1-10 Tap, Level 1-10 Jazz) are syllabus-based classes where we learn Southern Federation of Dance (SFD) technique. We learn the examination exercises and work on building techniques ready for the exams in June each year. If students wish to sit a ballet examination, they need to attend two ballet classes each week from level 2. Not all students have to sit exams; teachers assess who is ready in term 1. Parents will be consulted after assessments are complete.

Level 1 to Level 7 Ballet students, Level 1 to Level 4 Tap students, and Level 1 to Level 4 Jazz students automatically move up to the next level of classes in 2027 (unless otherwise advised by your teacher). For Level 7 Ballet students, the next level is Pre-Elementary Ballet. If you are in one of the major ballet Levels, or in tap and jazz classes Level 5 and above, you may stay in these levels for two years.

A note for current Level 6 Ballet students: The Major syllabus levels of Pre-Elementary, Elementary, Intermediate and Advanced usually take two years to learn and execute as the exams involve more content than the graded levels. These levels drop the character element and replace it with pointe work. While pointe work is not incorporated into the exam syllabus until Pre-Elementary, we encourage our students if they have been assessed as ready to purchase pointe shoes while in Level 7 to work on the strength and technique required in their Pre-Elementary exam (this must be approved by your teacher before purchase).

To be eligible to work on pointe, students MUST do BOTH Level 7 Ballet classes AND the **Pointe Technique (syllabus students) class**. The Pointe Technique class is available to Level 7 Ballet and above students. This class focuses on technique and strengthening exercises and we have found it to be invaluable for getting students ready and maintaining strong technique for pointe work.

Not every dancer is physically able to dance on pointe, so every student will be assessed in Term 1 to see if they are eligible. Everyone may not start pointe work at the same time – we do this for your child's safety given the differences in physical development of every child. For your first pair of pointe shoes, I will organise a time to attend the dance shop in small groups to personally fit the pointe shoes so that I know the fit is correct. Usually, the first group will go during the Easter holidays.

If students decide to attend one Level 7 ballet class each week, we certainly encourage them to do so. Not doing pointe work does not exclude students from any class, or from the dances in the concert. Students can still do all the pointe work/dances in the concert in their usual ballet shoes.

Shilleena's Dance Academy

Students in Intermediate or Advanced Ballet can choose to add a half hour class focusing on **Pas De Deux** or partnering work. Dancing with a partner is a specific skill, and this class will cover different techniques to master dancing with a partner.

We offer four student **contemporary / lyrical** classes. **Intermediate Contemporary** is for students turning 11 to 14 in 2027. **Sub-Senior Contemporary** is for students turning 14 to 16, and **Open Contemporary** is for students turning 16 or older or who are also at a minimum Elementary level in ballet. **Advanced Lyrical** is for students 15 years and over with advanced ballet, contemporary and lyrical skills.

Advanced Jazz teaches advanced jazz skills outside of the regular syllabus movements. It is strictly for students at levels 8 and above standard. This class pairs perfectly with syllabus classes to add the extra technique needed to master your skills.

Open Jazz and Tap Technique classes focus purely on jazz or tap technique. These classes for ages 16+ will build on your strength focusing on the technique that will help improve your overall dance ability.

Acrobatics is for students aged 7+ and is split into two levels. These levels are based on ability not age. If you'd like to learn to roll, tumble and flip these are the classes for you.

Street Jazz is a type of dance that combines jazz technique with the free-flowing style of hip hop. This funky style of dance is taught to classic & up-to-date pop music and is an ideal way to express your creativeness; find your groove; and accent sharp, strong body movements. The Junior class is for ages 6-11yrs, and the Intermediate classes is for dancers aged 11-14 years.

We have amended the Intermediate Jazz Technique class to now cater to all students aged 10 and over who want to improve their skills in jazz and general technique – focusing on improving the foundations of turns, kicks & leaps this class will build your skills all year round! **While all dancers are welcome to attend this class, it is compulsory for all dancers in Performance Troupe**.

Performance Troupe is by audition only and auditions are held each year in November. Troupe is for students doing at least two styles of dance classes each week and are aged 10 and over.

Adults, from those who would like to start dance classes for the first time to those with extensive experience, are encouraged to join one of our adult classes. Choose from Beginner and Intermediate Classical Ballet, Beginner and Intermediate Tap, Open Adult Jazz, Open Adult Contemporary and Open Cabaret.

Open Pointe Tech & Ballet Conditioning is offered on Saturday mornings and includes barre and strengthening exercises suitable for adult & student dancers 12 years and over. We work with Pilates equipment as well as pointe strengthening & technique exercises. You do not need to be on pointe to attend this class.

Mummy & Me classes are a new addition in 2027. These classes will be based on the Creative Movement framework where mums & dads can dance alongside their little ones to help build confidence for ages 2.5-3.5yrs.

Open Ballet Conditioning (baby friendly) classes are another new addition to 2027. These classes will work on classical technique/strengthening where you can bring along your bubs & toddlers to the class. This class is for adults to gain strength and for fitness, but in being child friendly the little ones can have some fun too while mum or dad enjoy some exercise for themselves!

Shilleena's Dance Academy

MONDAY – YORK STREET UPSTAIRS		
3:45-5:00	Beginner/Inter Acrobatics (7+ yrs)	Miss Asha
5:00-6:15	Advanced Acrobatics	Miss Asha
6:15-6:45	Level 7 Jazz (1st & 2nd Yr) (PART TWO)	Miss Alessandra
6:45-7:45	Sub-Senior Contemporary (14-16yrs)	Miss Alessandra
7:45-9:00	Sub-Senior & Senior Performance 1	Miss Alessandra
9:00-9:30	Pas De Deux	Miss Vanessa

MONDAY – YORK STREET DOWNSTAIRS		
3:45-4:45	Pre-Elementary Ballet (class 1)	Miss Alanah
4:45-5:45	Level 7 Tap	Miss Alanah
5:45-6:15	Level 7 Jazz (1st & 2nd Yr) (PART ONE)	Miss Alessandra
6:30-7:45	Intermediate Syllabus Ballet (class 1)	Miss Vanessa
7:45-9:00	Open Advanced Ballet	Miss Vanessa

TUESDAY – YORK STREET UPSTAIRS		
4:00-5:00	Level 7 Ballet (class 1)	Miss Alanah
5:00-6:00	Intermediate Performance 1	Alanah/Paige
6:00-7:00	Jazz Technique (compulsory for PT)	Miss Paige
7:00-8:00	Combined Performance	Miss Paige
8:00-9:00	Sub-Senior & Senior Performance 2	Miss Paige

TUESDAY – YORK STREET DOWNSTAIRS		
3:45-4:45	Level 6 Ballet (class 1)	Miss Zoe
4:45-6:00	Elementary Syllabus Ballet (class 1)	Miss Zoe
6:00-7:00	Open Adult Contemporary	Miss Zoe
7:00-8:00	Open Adult Jazz	Miss Zoe
8:00-9:00	Open Cabaret	Miss Zoe

WEDNESDAY – YORK STREET UPSTAIRS		
9:30-10:00	Mummy & Me Ballet (2.5-3.5 yrs)	Miss Zoe
10:00-11:00	Open Ballet Conditioning (baby friendly)	Miss Zoe
4:15-5:30	Elementary Syllabus Ballet (class 2)	Miss Shilleena
5:30-6:30	Level 10 Tap	Miss Shilleena
6:30-7:45	Open Contemporary (16+ yrs)	Miss Shilleena
7:45-9:00	Advanced Syllabus Ballet (class 1)	Miss Shilleena

WEDNESDAY – YORK STREET DOWNSTAIRS		
4:00-5:00	Intermediate Contemporary (11-14 yrs)	Miss Zoe
5:00-6:00	Level 7 Ballet (class 1)	Miss Zoe
6:00-6:45	Pointe Tech (Syllabus Students)	Miss Zoe
6:45-7:45	Pre-Elementary Ballet (class 1)	Miss Zoe
7:45-9:00	Intermediate Syllabus Ballet (class 2)	Miss Zoe

THURSDAY – YORK STREET UPSTAIRS		
4:00-5:00	Level 8 Tap	Miss Paige
5:00-6:00	Level 9 Jazz (1st & 2nd Yr)	Miss Paige
6:00-7:00	Advanced Lyrical (15+ yrs)	Miss Paige
7:00-8:00	Commercial Jazz (15+ yrs)	Miss Paige
8:00-9:00	Advanced Jazz Technique (15+ yrs)	Miss Paige

THURSDAY – YORK STREET DOWNSTAIRS		
4:00-5:00	Level 6 Ballet (class 2)	Miss Caitlin
5:00-6:00	Level 5 Tap (1st & 2nd Yr)	Miss Caitlin
6:00-7:00	Level 5 Jazz (1st & 2nd Yr)	Miss Caitlin
7:00-8:00	Open Adult Beginner Tap	Miss Caitlin
8:00-9:00	Open Adult Beginner Ballet	Miss Caitlin

FRIDAY – YORK STREET UPSTAIRS		
9:30-10:00	Mummy & Me Ballet (2.5-3.5 yrs)	Miss Zoe
10:00-11:00	Open Ballet Conditioning (baby friendly)	Miss Zoe
3:30-4:15	Junior Street Jazz (6-11 yrs)	Miss Emma
4:15-5:00	Intermediate Street Jazz (11-14 yrs)	Miss Emma
5:00-6:00	Intermediate Performance 1	Miss Emma
6:00-7:00	Level 6 Jazz	Miss Kairi
7:00-8:00	Open Jazz Technique (16+ yrs)	Miss Shilleena
8:00-9:15	Advanced Syllabus Ballet (class 2)	Miss Zoe

FRIDAY – YORK STREET DOWNSTAIRS		
3:30-4:15	Level 2 Ballet (class 1)	Miss Kairi
4:15-5:00	Level 3 Ballet (class 1)	Miss Kairi
5:00-6:00	Level 4 Ballet (class 1)	Miss Kairi
6:00-7:00	Open Tap Technique (16+ yrs)	Miss Shilleena
7:00-8:00	Level 6 Tap	Miss Emma

SATURDAY – YORK STREET UPSTAIRS		
8:00-9:00	Open Pointe Tech & Ballet Conditioning	Miss Alanah
9:00-10:00	Open Adult Intermediate Ballet	Miss Alanah
10:00-11:00	Open Adult Intermediate Tap	Miss Alanah
11:00-11:45	Level 2 Tap	Miss Alanah
11:45-12:30	Level 2 Jazz	Miss Jess
12:30-1:15	Level 2 Ballet (class 2)	Miss Jess
1:15-2:00	Level 4 Ballet (class 2)	Miss Caitlin
2:00-2:45	Level 4 Jazz	Miss Kairi
2:45-3:30	Level 4 Tap	Miss Caitlin

SATURDAY – YORK STREET DOWNSTAIRS		
8:45-9:15	Creative Movement (2.5-4 yrs)	Miss Abby
9:15-9:45	Foundation Tap	Miss Abby
9:45-10:15	Foundation Jazz	Miss Abby
10:15-11:00	Foundation Ballet	Miss Jess
11:00-11:45	Level 1 Ballet	Miss Jess
11:45-12:30	Level 1 Jazz	Miss Alanah
12:30-1:15	Level 1 Tap	Miss Caitlin
1:15-2:00	Level 3 Ballet (class 2)	Miss Jess
2:00-2:45	Level 3 Tap	Miss Caitlin
2:45-3:30	Level 3 Jazz	Miss Kairi

Legend: Pink =Ballet, Red = Jazz, Blue = Tap, Green = Commercial/Street Jazz, Lime = Technique classes, Purple = Cabaret, Brown = Contemporary, Grey = Acrobatics, Aqua = Performance

SHILLEENA'S DANCE ACADEMY
Cavendish Road Coorparoo QLD 4151
Phone 0439 763 082 • Email sda@shilleenasdanceacademy.com.au • www.shilleenasdanceacademy.com.au