

PROSPECTUS



2026



0439 763 082

www.shilleenasdanceacademy.com.au
sda@shilleenasdanceacademy.com.au

CONTENTS

School Aims	1
Studio Location	1
Our Principal	2
Our Syllabus	2
Our Teaching Team	3
Dance Styles	5
Timetable	6
Fees	7
Uniform Requirements	8
General Information	10
Enrolment Info	12
Student Protection Policy	13



OUR VISION

Working hard, aiming high & having fun!

At Shilleena's Dance Academy, it is our mission to provide quality dance tuition and care that encourages and supports the physical, emotional and cognitive development of the individual.

We aim to –

- Provide a high standard of tuition in Ballet, Jazz (Commercial, Street, Cabaret & Technical), Tap, Contemporary, Acrobatics, Creative Movement and Mature-age Dance.
- Nurture a love of dance
- Provide encouragement and support to the individual
- Provide a well-rounded dance training program, and
- Provide a fun and creative class environment.

CONTACT DETAILS

PO Box 29 Camp Hill Q 4152
Ph: 0439 763 082
E: sda@shilleenasdanceacademy.com.au

STUDIO ADDRESS

Coorparoo Uniting Church Hall
Upstairs, Downstairs & Third Room Studios
Cnr York Street and Cavendish Road
Coorparoo, Brisbane.



We respect and honour Aboriginal and Torres Strait Islander Elders past, present and emerging. We acknowledge the stories, traditions and living cultures of Aboriginal and Torres Strait Islander peoples on this land and commit to building a brighter future together.

OUR PRINCIPAL

Shilleena Collins began her dance training at the age of 5 and since then has studied ballet, contemporary, lyrical, jazz, tap, character, cabaret, singing and musical theatre. Having successfully completed an Advanced Diploma of Arts (Dance) and a Full Teaching Certificate in RAD (Royal Academy of Dancing), Shilleena continues to update her skills by attending regular seminars and workshops. In 2014 she completed her training through SFD (Southern Federation of Dance) and is now a fully qualified examiner in Ballet, Jazz and Tap and examines around Australia.

With experience on both an amateur and professional level, Shilleena has choreographed musical and children's theatre productions, danced extensively in competitions and performed in professional and corporate productions. She recently choreographed and helped develop updates to the higher and lower levels of the SFD syllabus.

Shilleena began her teaching career coaching and choreographing in private studios and musical theatre groups in 1999. Then early in 2005, she took over Suzanne Beames School of Dance as Principal and the school was renamed Shilleena's Dance Academy. From then on, she strived to build the school to what it is today constantly adding new styles and hitting new heights as a school focusing on quality dance training, hard work and fun.

Qualifications:

- Advanced Diploma of Arts (Dance) – Australian Dance Performance Institute
- Examiner – Southern Federation of Dance
- Member – Southern Federation of Dance
- Grade 10 Jazz Examination – SFD (Honours with Distinction)
- Grade 10 Tap Examination – SFD (Honours with Distinction)
- Advanced Ballet Examination - SFD (Honours with Distinction)
- Progressing Ballet Technique - Certified in Junior, Intermediate & Advanced Programs
- Full Teacher's Certificate – Royal Academy of Dance
- Advanced 1 Ballet Examination completed - RAD
- Theatrical Grade 1 Examination completed - CSTD
- Senior Gold Star Tapping Examination completed - CSTD



OUR SYLLABUS

Shilleena's Dance Academy offers syllabus classes from the Southern Federation of Dance (SFD). Founded in 1988 in Melbourne, the SFD aims to always provide enjoyable work for teachers and students, and to develop excellence in dance whilst broadening both a student's artistic and social dimensions. The SFD syllabus is the most comprehensive, well structured, and relevant program available, and SDA teaches its Classical Ballet, Tap and Jazz syllabi.

In Queensland, the QCAA recognises courses of study that represent a range of learning that may contribute to a QCE. Higher level examinations in the SFD syllabus are awarded QCE credits in the Complimentary category of learning in years 11 and 12.

Students who attain a "Pass" in the following examinations will receive 1 QCE credit.

Classical Ballet:	Pre-Elementary, Elementary, Intermediate & Advanced
Tap:	Grades 7, 8, 9 and 10
Jazz:	Grades 7, 8, 9 and 10



OUR TEACHING TEAM

Miss Abby 	Miss Abby was four years old when she started dancing at SDA, with Miss Alanah as her main teacher. She has four years of student teaching experience helping in ballet and jazz classes before taking on a teaching role in 2025. <i>"Dancing is so much more than just movement; it's about building confidence, fostering creativity, and sharing a space where students feel seen, supported and inspired."</i> Dance Styles Studied: Ballet, Jazz, Commercial Jazz, Contemporary, Lyrical, Cabaret	Exams Completed: SFD Level 10 Jazz
Miss Alanah 	Miss Alanah has been dancing since the age of three and teaching at SDA for the past 14 years. She has completed the highest SFD examinations in Ballet, Jazz, and Tap, and continues to perform in musical theatre, including as Dance Captain in Savoyards' <i>42nd Street</i> and as a featured dancer in <i>Hello, Dolly!</i> Alanah holds a Bachelor of Exercise & Nutrition Science, a Master of Dietetics, and a PhD in adolescent nutrition. Combining her love of movement and wellbeing, she is passionate about inspiring confidence, creativity, and a lifelong love of dance in her students. Dance Styles Studied: Ballet, Tap, Jazz, Contemporary, Cabaret, Musical Theatre	Exams Completed: SFD Advanced Ballet SFD Level 10 Jazz SFD Level 10 Tap
Miss Asha 	Miss Asha is one of Miss Eden's proteges, having learnt from her for the past 10 years. She holds a Certificate III in Early Childhood Education and has taught acrobatics and jazz for four years. She has choreographed and performed in music videos and as well as participating in various performances. Miss Asha is currently studying with Acrobatics Arts who offer a comprehensive training program for dance educators to safely teach AcroDance.	Exams Completed: RAD Advanced 2
Miss Caitlin 	Miss Caitlin has been dancing since the age of 3. She has studied all dance styles, performing with SDA's Performance Troupe for the past 7 years as well as with Loreto Coorparoo's Senior Dance Troupe and in school musicals as a specialist dancer. She is passionate about the studio. <i>"My dream since I started at SDA was to become a teacher here. I am so excited to give other dancers the second home I was given."</i> Miss Caitlin is currently studying a Diploma of Elite Performance (Contemporary) at Queensland College of Dance. Dance Styles Studied: Ballet, Jazz, Cabaret, Commercial Jazz, Tap, Contemporary, Lyrical	Exams Completed: SFD Intermediate Ballet SFD Level 10 Jazz SFD Level 8 Tap
Miss Emma 	Miss Emma has been dancing since the age of 6, learning at SDA since 2016. She was a student teacher and taught casual classes in Commercial Jazz. Emma studied full time dance after school, however, was unable to finish due to injury. Now she keeps her passion alive by sharing her love for dance with others. <i>"My favourite style of dance is anything upbeat! It's so liberating channelling an alter ego whenever I'm performing. I hope to share this love for dance with the little ones. It's so special seeing them grow as dancers and come out of their shell."</i> Dance Styles Studied: Jazz, Commercial Jazz, Tap, Contemporary, Hip Hop	Exams Completed: SFD Level 8 Jazz SFD Level 8 Tap
Miss Jess 	Miss Jess began dancing at SDA when she was 3 years old. She has performed with the studio's Performance Troupe and with Toowoomba Ballet Theatre. She loves a tricky fouetté combo and is currently studying a Diploma of Elite Performance (Commercial Dance) at Queensland College of Dance. <i>"I love teaching dance because there's nothing more rewarding than seeing a dancer finally nail a skill, trick, or step they've been working hard on."</i> Dance Styles Studied: Ballet, Tap, Jazz, Cabaret, Commercial Jazz, Contemporary, Lyrical, Acrobatics	Exams Completed: SFD Elementary Ballet SFD Level 10 Jazz SFD Level 7 Tap

Miss Kairi 	Miss Kairi has been dancing at SDA for 15 years. She has four years student teaching experience and performed with the performance troupe around the greater Brisbane area. She starred as Glinda in her school musical production of <i>The Wiz</i> and is currently studying a Bachelor of Creative Arts at QUT majoring in drama with a minor in dance. <i>"It's incredibly rewarding to help young dancers grow into their confidence and love for dance, knowing they're making life-long memories along the way."</i> Dance Styles Studied: Ballet, Jazz, Cabaret, Commercial Jazz, Contemporary, Lyrical	Exams Completed: SFD Intermediate Ballet SFD Level 10 Jazz
Miss Liliias 	Miss Liliias has been dancing since age 3 and joined the SDA family in 2009. She was a student teacher at SDA for 4 years, becoming a teacher in 2024. This is her 3rd year of physiotherapy studies with an interest and passion for movement and health. She is also currently undertaking APPI reformer and mat Pilates instructor courses. <i>"From learning to point toes to exploring self-expression and confidence, SDA is a community that I have been fortunate to grow up in. Now having a part in helping others to grow and develop, I am truly grateful to experience something so rewarding."</i> Dance Styles Studied: Ballet, Tap, Jazz, Contemporary, Commercial Jazz, Lyrical	Exams Completed: SFD Intermediate Ballet SFD Level 10 Jazz SFD Level 8 Tap
Miss Paige 	Finishing school in 2016, Miss Paige graduated from ADPI (Australian Dance Performance Institute) with a Diploma of Musical Theatre. A qualified pilates instructor, Miss Paige also teaches high school dance troupes and is a choreographer for school musicals. <i>"Seeing the passion children have for dance grow is something so special to watch. As these students then mature, being able to share the same love for dance is the reason why I thoroughly enjoy being a dance teacher."</i> Dance Styles Studied: Ballet, Jazz, Tap, Cabaret, Contemporary, Acrobatics, Singing, Musical Theatre, Commercial Jazz, Lyrical	Exams Completed: SFD Advanced Ballet SFD Level 10 Jazz SFD Level 10 Tap
Miss Vanessa 	Born in Melbourne, Vanessa began her training at the Jane Moore Academy of Ballet at 4 years of age. After completing her secondary school education, she trained at Ballet Theatre Australia for 2 years before becoming a Company Artist with Queensland Ballet in 2013. She was promoted to First Company Artist in 2020. Vanessa has performed a vast repertoire from the traditional classical ballets to modern and contemporary works, over the span of her professional career. Vanessa has a real passion for nurturing and coaching the future generation of dancers, whether they are looking to pursue a professional career or just dance for fun!	Queensland Ballet First Company Artist
Miss Zoe 	Miss Zoe started at SDA when she was five, trained as a student teacher then officially joined the faculty in 2018. She shares her passion across a diverse range of styles and age groups and maintains a professional performance career, choreographing and performing in contemporary music videos and showcasing her skills within Brisbane's local burlesque community. With a deep commitment to both technique and creative development, Miss Zoe is excited to guide the next generation of dancers and bring back the joy for those returning to it. Dance Styles Studied: Ballet, Jazz, Irish, Tap, Contemporary, Cabaret, Burlesque	Exams Completed: SFD Advanced Ballet SFD Level 10 Jazz SFD Level 8 Tap

DANCE STYLES

CREATIVE MOVEMENT



Creative Dance classes for students aged 2.5-4 years are a wonderful introduction to dance. Children play dance games and act out simple stories as they learn to improve their gross motor skills, coordination, and musicality. Our specially designed classes, covering a variety of dance forms, are heaps of fun for little dancers!

BALLET



Students from the age of five can begin to learn the graceful art of ballet in Foundation Ballet. From Foundation Ballet, students move to levelled classes 1-7, then progress to the vocational levels Pre-Elementary to Advanced. Our teachers guide students as they work to develop strength, balance, poise and artistry. From Grade 2, students learn character elements in class, and from Grade 7 pointe work is introduced into lessons. Students learn syllabus work which will allow them to undertake *Southern Federation of Dance* examinations.

Progressing Ballet Technique classes developed by Marie Walton-Mahon are now included in Open Pointe Technique/Ballet Conditioning classes. This training program is a set of exercises utilising various equipment pieces and promoting safe dance practices and a greater understanding of core stability, weight placement and alignment.

Adult Ballet classes are also available for beginner and intermediate dancers. These classes are suitable for any dancers aged 14 and over who want to start learning ballet, or who already have some ballet training and want to improve their skills.

JAZZ



Join our exciting jazz classes to learn the sharp, strong, high-energy moves of this dance style. Students in levels Foundation, Levels 1 through 10 learn syllabus work developed by the *Southern Federation of Dance*, which provides an enriching learning experience through sound, up-to-the-minute teaching techniques. Mature age jazz classes are also available.

We offer two Street Jazz classes which combine jazz technique with the free-flowing style of hip hop. This funky style of dance is taught to classic and up-to-date pop music and is an ideal way to express your creativeness; find your groove, and accent sharp, strong body movements. It is fantastic exercise and is for ages 6-11 years (Junior) and 11-15 years (Intermediate).

Commercial Jazz is a fun energetic style of dance that combines the strength of technique work while exploring all different styles of jazz. Each week you will learn different routines in various styles from soft, flowing and expressive to fast paced, hard hitting and dynamic. This class is for ages 15 and up and is of an advanced level.

Jazz Technique classes focus purely on building strength in kicks, leaps and turns. There is an Intermediate class for dancers aged 9 to 14, an Open class for dancers aged 16+ who haven't necessarily trained in SFD, and an Advanced class for dancers in Level 8 Jazz and above. These classes will help you gain skills to further enhance your strength in all styles.

Cabaret is a heels technique class which prepares our dancers for future industry endeavours. We combine the glitz of cabaret with the infectious energy of jazz to create a unique and empowering dance experience. Two classes are available – one for advanced dancers aged 15 and over and Adult Cabaret for mature age dancers. Why not grab some heels and give it a go!

TAP



Learn to make music with your feet in our fun tap classes. Enjoy a mix of classic show tunes, Broadway, jazz and popular music as you learn the exciting rhythms of tap dance. Students in levels Foundation, 1 through to 10 learn syllabus work developed by the *Southern Federation of Dance*, which provides a comprehensive learning program in tap theory, developing skills as they progress. Mature age tap classes are also available at the beginner and intermediate level.

Open Tap Technique is a class that is a purely tech class that focuses on building advanced tap skills for dancers aged 16 and over.

CONTEMPORARY/LYRICAL



Learn to express yourself through the soft, fluid movements of contemporary/lyrical. These styles mix technical aspects of dance with dynamic leaps and emotive expression through the body. Contemporary classes are available from 11 years of age, and lyrical classes from 15 years. Mature-age classes are also available.

ACROBATICS



If you have always wanted to flip, somersault and cartwheel, then this is the class for you. Learn sound acrobatic techniques in a safe environment, building up to floor routines that will challenge and excite. Don't run away and join the circus – come to acro instead!

2026 TIMETABLE

Class	Day	Time	Location
Creative Movement A (2.5-4 years)	Wednesday	9:00-9:30am	Upstairs Hall
Creative Movement B (2.5-4 years)	Saturday	9:00-:30am	Downstairs Hall
Foundation Ballet (5 years)	Saturday	10:30-11:15am	Downstairs Hall
Level 1 Ballet	Saturday	12:45-1:30pm	Downstairs Hall
Level 2 Ballet (class 1)	Tuesday	3:30-4:15pm	Downstairs Hall
Level 2 Ballet (class 2)	Saturday	12:00-12:45pm	Upstairs Hall
Level 3 Ballet (class 1)	Tuesday	4:15-5:00pm	Downstairs Hall
Level 3 Ballet (class 2)	Saturday	2:30-3:15pm	Downstairs Hall
Level 5 Ballet (class 1)	Tuesday	5:00-6:00pm	Downstairs Hall
Level 5 Ballet (class 2)	Saturday	1:30-2:30pm	Upstairs Hall
Level 6 Ballet (class 1)	Wednesday	3:45-4:45pm	Downstairs Hall
Level 6 Ballet (class 2)	Thursday	6:00-7:00pm	Downstairs Hall
Pre-Elementary Ballet (class 1)	Monday	4:00-5:15pm	Downstairs Hall
Pre-Elementary Ballet (class 2)	Wednesday	5:45-7:00pm	Downstairs Hall
Elementary Ballet (class 1)	Monday	5:15-6:30pm	Downstairs Hall
Elementary Ballet (class 2)	Wednesday	7:45-9:00pm	Downstairs Hall
Intermediate Ballet (class 1)	Monday	6:30-7:45pm	Downstairs Hall
Intermediate Ballet (class 2)	Wednesday	4:30-5:45pm	Upstairs Hall
Advanced Ballet (class 1)	Monday	7:45-9:00pm	Downstairs Hall
Advanced Ballet (class 2)	Wednesday	7:00-8:15pm	Upstairs Hall
Open Adult Beginner Ballet	Friday	8:00-9:00pm	Downstairs Hall
Open Adult Intermediate Ballet	Saturday	9:00-10:00pm	Upstairs Hall
Pas De Deux	Monday	9:00-9:30pm	Upstairs Hall
Pointe Technique Syllabus Students (11+ years)	Wednesday	7:00-7:45pm	Downstairs Hall
Open Pointe Tech & Ballet Conditioning	Saturday	8:00-9:00am	Upstairs Hall
Foundation Jazz (5 years)	Saturday	9:30-10:00am	Downstairs Hall
Level 1 Jazz	Saturday	12:00-12:45pm	Downstairs Hall
Level 2 Jazz	Saturday	12:45-1:30pm	Upstairs Hall
Level 3 Jazz	Saturday	3:15-4:00pm	Downstairs Hall
Level 4 Jazz	Saturday	3:30-4:30pm	Upstairs Hall
Level 5 Jazz	Friday	6:00-7:00pm	Downstairs Hall
Level 6 Jazz	Friday	6:00-7:00pm	Upstairs Hall
Level 7 Jazz	Friday	4:00-5:00pm	Upstairs Hall
Level 8 Jazz	Thursday	4:00-5:00pm	Upstairs Hall
Level 9 Jazz	Thursday	6:00-7:00pm	Upstairs Hall
Level 10 Jazz	Thursday	8:00-9:15pm	Upstairs Hall
Intermediate Jazz Technique	Tuesday	3:45-4:45pm	Upstairs Hall
Advanced Jazz Technique	Thursday	7:00-8:00pm	Upstairs Hall
Open Jazz Technique (16+ years)	Friday	8:00-9:00pm	Upstairs Hall
Open Adult Jazz	Tuesday	7:00-8:00pm	Downstairs Hall
Commercial Jazz (15+ years)	Tuesday	6:45-7:45pm	Upstairs Hall
Advanced Cabaret (15+ years)	Thursday	8:00-9:00pm	Downstairs Hall
Open Adult Cabaret	Tuesday	8:00-9:00pm	Downstairs Hall
Junior Street Jazz (6-11 years)	Friday	3:30-4:15pm	Downstairs Hall
Intermediate Street Jazz (11-15 years)	Friday	4:15-5:00pm	Downstairs Hall
Foundation Tap (5 years)	Saturday	10:00-10:30am	Downstairs Hall
Level 1 Tap	Saturday	11:15-12:00pm	Downstairs Hall
Level 2 Tap	Saturday	11:15-12:00pm	Upstairs Hall
Level 3 Tap	Saturday	1:45-2:30pm	Downstairs Hall
Level 4 Tap	Saturday	2:30-3:30pm	Upstairs Hall
Level 5 Tap	Friday	5:00-6:00pm	Downstairs Hall
Level 6 Tap	Friday	5:00-6:00pm	Upstairs Hall
Level 7 Tap	Thursday	5:00-6:00pm	Upstairs Hall
Level 8 Tap	Thursday	7:00-8:00pm	Downstairs Hall
Level 9 Tap	Wednesday	8:15-9:15pm	Upstairs Hall
Open Tap Technique (16+ years)	Friday	7:00-8:00pm	Upstairs Hall
Open Adult Beginner Tap	Friday	7:00-8:00pm	Downstairs Hall
Open Adult Intermediate Tap	Saturday	10:00-11:00am	Upstairs Hall
Intermediate Contemporary (11-14 years)	Wednesday	4:45-5:45pm	Downstairs Hall
Sub-Senior Contemporary (14-16 years)	Monday	6:30-7:30pm	Upstairs Hall
Open Contemporary (16+ years)	Wednesday	5:45-7:00pm	Upstairs Hall
Advanced Lyrical (15+ years)	Tuesday	7:45-8:45pm	Upstairs Hall
Open Adult Contemporary	Tuesday	6:00-7:00pm	Downstairs Hall
Beginner/Intermediate Acrobatics (7+ years)	Monday	4:00-5:15pm	Upstairs Hall
Advanced Acrobatics	Monday	5:15-6:30pm	Upstairs Hall
Performance Group (Intermediate)	Thursday	4:00-6:00pm	Downstairs Hall
Performance Troupe (Combined)	Tuesday	4:45-5:45pm	Upstairs Hall
Performance Group (Sub-Senior & Senior) (class 1)	Monday	7:30-8:45pm	Upstairs Hall
Performance Group (Sub-Senior & Senior) (class 2)	Tuesday	5:45-6:45pm	Upstairs Hall

2026 TERM FEES

Ballet		Tinies Dance	
Level 1 Ballet	\$150.00	Creative Movement (30mins)	\$130.00
Level 2 Ballet	\$150.00	Foundation Tap (30 mins)	\$130.00
Level 3 Ballet	\$150.00	Foundation Jazz (30 mins)	\$130.00
Level 4 Ballet	\$160.00	Foundation Tap and Jazz Combo Class (1hr)	\$160.00
Level 5 Ballet	\$160.00	Foundation Ballet (45 mins)	\$150.00
Level 6 Ballet	\$160.00	Acrobatics	
Level 7 Ballet	\$170.00	Beginner/Intermediate Acrobatics	\$170.00
Pre-Elementary Ballet	\$170.00	Advanced Acrobatics	\$180.00
Elementary Ballet	\$180.00	Jazz	
Intermediate Ballet	\$180.00	Level 1 Jazz	\$150.00
Advanced Ballet	\$180.00	Level 2 Jazz	\$150.00
Pas De Deux	\$65.00	Level 3 Jazz	\$150.00
Open Adult Beginner Ballet	\$170.00	Level 4 Jazz	\$160.00
Open Adult Intermediate Ballet	\$170.00	Level 5 Jazz	\$160.00
Pointe Technique	\$120.00	Level 6 Jazz	\$160.00
Open Pointe Technique & Ballet Conditioning	\$160.00	Level 7 Jazz	\$160.00
Contemporary/Lyrical		Level 8 Jazz	\$170.00
Intermediate Contemporary	\$170.00	Level 9 Jazz	\$170.00
Sub-Senior Contemporary	\$170.00	Level 10 Jazz	\$180.00
Open Contemporary	\$180.00	Intermediate Jazz Technique	\$160.00
Advanced Lyrical	\$170.00	Advanced Jazz Technique	\$170.00
Open Adult Contemporary	\$170.00	Open Jazz Technique	\$170.00
Tap		Junior Street Jazz	\$160.00
Level 1 Tap	\$150.00	Intermediate Street Jazz	\$160.00
Level 2 Tap	\$150.00	Commercial Jazz	\$170.00
Level 3 Tap	\$150.00	Advanced Cabaret	\$170.00
Level 4 Tap	\$160.00	Open Adult Cabaret	\$170.00
Level 5 Tap	\$160.00	Open Adult Jazz	\$170.00
Level 6 Tap	\$160.00	Performance Classes	
Level 7 Tap	\$160.00	Intermediate Performance	\$190.00
Level 8 Tap	\$170.00	Sub & Senior Performance	\$250.00
Level 9 Tap	\$170.00	Private Lessons & Casual Classes	
Level 10 Tap	\$180.00	Private Lessons (per hour)	\$95.00
Open Tap Technique	\$170.00	Casual Classes	\$25 per class
Open Adult Beginner Tap	\$170.00	ALL PRICES INCLUDE GST	
Open Adult Intermediate Tap	\$170.00		

10% discount applies to students/families enrolling in 3-5 classes.

15% discount applies to students/families enrolling in 6 or more classes.

Fees and Accounts

Fees for lessons are charged per term and are payable before or at the start of each term. Fees are calculated by dividing the annual fee into 4 equal term payments, therefore there will be no adjustments for shorter- or longer-term periods. Fees not received by the close of the second week of term will be subject to an 11% administration fee. There will be classes held on all pupil free days but NOT on public holidays. You will receive a credit for the public holiday if it falls on your lesson day.

Payment Method / Policies

Payment by direct deposit or cash are required prior to the due date (end of week two). Please email your remittance advice as soon as possible and use your invoice number and surname as reference. If you have queries about your account, please direct them to Shilleena via phone or email.

If a student withdraws their enrolment before the end of a term, the full term's fees will remain payable. At any time, a student's enrolment must be officially withdrawn by informing the principal, otherwise fees will continue to accrue as the student's place is held in the class. Students are advised to keep their own record of payments made for class fees.

Classes Missed due to Illness or Holidays

If you miss a class due to illness (including any quarantine requirements) or family reasons, refunds or credits will not be made for those missed classes. Students may take a 'make-up' lesson instead with a comparable class. Make-up lessons are available for the full dance year but expire at the end of term 4 each year. These can be arranged by contacting Shilleena via email.

UNIFORM REQUIREMENTS

Correct dress is an essential part of the discipline of learning dance. It is particularly important that students are dressed in appropriate dance attire, so teachers can monitor body placement and extension correctly. Students are required to wear the school uniform and appropriate grooming to all classes. These are as listed below. If you have different styles of dance on the same day (e.g. ballet followed by jazz), it is not necessary to change clothing, only shoes. You can layer over your leotard to easily transition between classes. Please note that for all ballet classes a leotard must be worn, and hair must be worn in a bun.

Creative Movement and Foundation Ballet

- Option A
- Any style and colour leotard
 - Dance skirt if desired
 - Pink ballet socks or pink seamless ballet tights
 - Pink ballet shoes with elastic (NO JIFFIES)
 - Hair secured in a ponytail or bun
- Option B
- Any style singlet or fitted t-shirt
 - Fitted shorts
 - Any colour socks
 - Black ballet shoes with elastic or black jazz shoes
 - Hair secured away from face



Ballet, Tap and Jazz Dress - Option B

White sleeveless cotton lycra leotard with Black cotton lycra tights, White socks folded down for exams
(Any dance clothing acceptable for jazz/tap class but NO denim)

Hair must be worn off the face

- Ballet: Black ballet shoes with black elastic
Jazz: Black elasticised jazz shoes (any brand best suited to the foot)
Tap: Black lace-up (Jazz Tap) tap shoes

Foundation Tap & Jazz – Option A

- Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
- Black SDA-brand hot shorts
(any dance clothing acceptable for class but NO denim)
- Black elasticised jazz shoes (any brand best suited to the foot)
- Black low heel (Bloch Tap-On or equivalent) tap shoes
- Skintone matt tights (socks are fine for class)
- Hair must be worn in a bun or ponytail

Ballet Dress – Option A

- Levels 1 - 2:
- Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
 - Lilac full circle short georgette skirt (any colour/style leotard & skirt are acceptable for class)
 - Pink seamless ballet tights (ballet socks are fine for class)
 - Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)
 - Black low heel canvas character shoes (grade 2 – term 3 onwards only)
 - Hair must be worn in a bun

- Levels 3 - 7:
- Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
(any style/colour leotard is acceptable for class)
 - Pink seamless ballet tights (ballet socks are fine for class)
 - Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)
 - Black low heel canvas character shoes (grades 3-4 – term 3 onwards only)
 - Black high heel canvas character shoes (grades 5-6 – term 3 onwards only)
 - Hair must be worn in a bun

- Major Levels:
- Aubergine camisole cotton lycra (Energetiks Caroline or Annabelle or equivalent) leotard
(any style/colour leotard is acceptable for class)
 - Pink seamless ballet tights
 - Pink split sole canvas shoes ballet shoes with elastic
 - Pink pointe shoes with ribbons (after pointe approval completed from teacher)
 - Hair must be worn in a bun

Jazz Dress – Option A

Levels 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)
Skintone matt tights (socks are fine for class)
Black elasticised jazz shoes (any brand best suited to the foot)
Hair must be worn in a bun or ponytail

Levels 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)
Skintone matt tights (socks are fine for class)
Black elasticised jazz shoes (any brand best suited to the foot)
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.

Tap Dress – Option A

Levels 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)
Skintone fishnet tights (exam only) (socks are fine for class)
Grades 1-4: Black low heel (Bloch Tap-On or similar) tap shoes
Grades 5-6: Black high heel (Bloch Showtapper or similar) tap shoes
Hair must be worn in a bun or ponytail

Levels 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)
Skintone fishnet tights (exam only) (socks are fine for class)
Black lace-up (Bloch Jazz Tap or similar) tap shoes
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.

Open Pointe Technique/Ballet Conditioning

Leotard and ballet tights. Shorts/ballet skirts may be worn with bare feet or socks. Hair to be worn off the face.

Contemporary/Lyrical

Comfortable, non-restrictive dancewear (no denim). Foot thongs, socks or bare feet. Hair to be worn off the face.

Street Jazz & Commercial Jazz

Any style dancewear (no denim) with jazz sneakers or non-marking sneakers. Hair to be worn off the face.

Cabaret

Fitted, non-restrictive dancewear (no denim) with chorus/cabaret heeled shoes. Hair to be worn off the face.

Jazz Technique

Fitted, non-restrictive dancewear (no denim) with black elasticised jazz shoes (any brand best suited to the foot). Hair to be worn off the face.

Acrobatics

Fitted, non-restrictive dancewear (no denim). No shoes required - bare feet only. Hair to be worn off the face.

Adult Classes

Any comfortable dance or exercise wear. Shoes appropriate to dance style. Hair to be worn off the face.

Performance Troupe Classes

Any style dancewear (no denim). Shoes appropriate to dance style. Hair to be worn off the face.

Grooming

As well as correct dance attire & shoes, grooming is very important in dance training. Hair should be worn in a bun with NO hair in face for ballet. Secure ponytail with NO hair in face for all other classes. In cooler weather only crossovers (a tight dance "cardigan") can be worn over leotards. Legwarmers are permitted. NO baggy jumpers or tracksuit pants are allowed in class. For the safety of all students, bulky watches and jewellery must not be worn to class (small studs or sleepers permitted).

Shoe Care

Don't forget dance shoes should only be worn in the dance studio to make sure they are kept in the best condition. Change into your shoes just before your class starts and take them off before you leave the studio.

GENERAL INFORMATION

Term Dates 2026

Term 1 2026	02/02/26-02/04/26
Term 2 2026	20/04/26-27/06/26
Term 3 2026	13/07/26-19/09/26
Term 4 2026	06/10/26-05/12/26

Newsletters

Our school newsletter is distributed via email each term. We ask that students and parents read this carefully and note important dates and information that are included. Students and their families are welcome to advertise community notices or other information (achievements, news, etc.) in the newsletter. Please contact Miss Shilleena for more information.

Annual Concert

The school's 22nd annual concert is going to be held on [Saturday 14th November 2026](#) at the Logan Entertainment Centre, 170 Wembley Road, Logan Central. All students are encouraged to participate as it is a wonderful way to gain performance experience and for families and friends to celebrate their development. There are two performances of the show 11:00am and 5:00pm and students are required to perform in both. The manufacture of most costumes is organised by the school. Please note this date carefully in your diary and advise your teacher immediately if you will be unable to participate. Permission slips for the concert will go out in term 1.

Performance Groups

The school's intermediate, sub-senior and senior performance groups represent the school at competitions and various functions throughout the year. Students audition for their place in the group at the end of the previous year. Students who display a willingness to improve, teamwork and great dedication are welcome to be part of the group. To be eligible, students must currently study at least two different styles of dance with SDA.

The most regular form of dance competition is the local eisteddfod. These are conducted several times each year throughout the greater Brisbane area and can be a wonderfully rewarding experience for students, providing valuable stage experience and exposure to their peers. Dancers wishing to compete in eisteddfod competitions (solo or otherwise) will require private or semi-private lessons to prepare. Students in the performance groups will compete in the group categories at eisteddfods several times each year. Please contact Shilleena if you would like more information about performing at these events.

SDA Choreography Competition

Each year we hold our SDA Choreography Competition. This is a competition where the students perform their own choreography in solos, duos, trios or small groups for an audience and a small panel of local judges. This wonderful event will be held in mid-term 3, there are great prizes to be won, and it is a fun night for all. More details and entry forms will be advised in term 2.



Private Lessons

Private lessons are an option for any student who may need additional preparation for examinations, assessments, competition, or for general practice. Private lessons are for individual students. Semi-private lessons with up to a few students may also be arranged. Please contact Miss Shilleena if you are interested.



Parent Watching Week

Parent Watching Week is held twice a year as an opportunity for parents to watch their child's class. We look forward to seeing you during the second-last week of Term 1 and Term 3. Please see our newsletter for further information.

Second-Hand Footwear & Clothing

Second-hand dancewear is available at SDA and is kept in the 'Upstairs' kitchen cupboards. If you are interested in trying something on, please ask your teacher before or after class. Students are also welcome to sell any second-hand dancewear by placing the item in a snap-lock bag with your name, the item, its size and the price you are asking. All items left at the studio for sale are done so at your own risk. SDA is not responsible for the items.

SDA Dance Apparel & Accessories

SDA apparel is available, with orders placed at the end of each month. We have a range of crops and pants, singlets and t-shirts, dance bags, socks and masks. All exam and concert tights are available to purchase from Miss Shilleena. Please see the order form available from our website.

Lost Property

The studio will retain lost property in the lost property shelf in the 'Upstairs' kitchen cupboard (next to the second-hand items). Please check the shelf or with your teacher ASAP if you are missing any property. Any items remaining in the cupboard at the end of each term will be donated to charity.

Emergency Procedures

A stocked first aid kit is always accessible to all classes. Teachers are all qualified in medical first aid and CPR and mental health first aid. They carry updated lists of emergency telephone numbers and in the event of a medical emergency, the teacher will endeavour to contact parents immediately. If parents are un-contactable, the teachers reserve the right to call for ambulance service if deemed necessary. It is imperative that all pre-existing conditions or temporary medical conditions be disclosed to Miss Shilleena upon enrolment and during the year as required.



Parking & Hall Care in Waiting Areas

Traffic can become congested at busy times around the York Street Halls. There is plenty of room to park in York Street and the surrounding side streets. Parents are asked not to park on the grassed area, and to leave the driveway clear for teacher parking only. Please be considerate of the residents in the area and do not park across driveways or footpaths. Please be careful to respect the church's property and always keep an eye on your children to make sure that they are following the rules. As the teachers are in class and are unable to supervise the waiting areas or outside, please be aware that any children outside the classroom are your responsibility.

Students and parents are welcome to use the kitchen area while waiting for classes. There is a kettle/microwave/vending machine for your convenience. Please remember to be considerate of other patrons and always throw your rubbish away, clean up any crumbs and wash your dishes/glasses with the washers and cleaning products provided in the kitchen. Please note that NO FOOD/DRINK is to be taken into the studio (excluding a named water bottle) as some of our students have food allergies.

Feedback, Complaints & Difficulties

Any complaints and/or difficulties can be easily resolved by reaching out to Miss Shilleena. We appreciate your feedback and always take it into consideration. Please feel free to contact Miss Shilleena by phone or email. We encourage you to contact us immediately should a concern arise.

Check out our Website – www.shilleenasdanceacademy.com.au

Shilleena's Dance Academy has a website that is regularly updated with information, newsletters, up-coming events and photos. If you do not wish for photos or video of your child to be on the website, please contact Miss Shilleena.

Ready to Enrol?

The following link will take you to our online enrolment form:

<https://www.shilleenasdanceacademy.com.au/our-dance-school/enrol-dance-classes-brisbane/>

Contact Details

The school contact details are as follows:

Phone: 0439 763 082
Mail: PO Box 29, Camp Hill Q 4152
Email: sda@shilleenasdanceacademy.com.au
Website: www.shilleenasdanceacademy.com.au

