



## UNIFORM REQUIREMENTS

Correct dress is an essential part of the discipline of learning dance. It is particularly important that students are dressed in appropriate dance attire, so teachers can monitor body placement and extension correctly. Students are required to wear the school uniform and appropriate grooming to all classes. These are as listed below. If you have different styles of dance on the same day (e.g. ballet followed by jazz), it is not necessary to change clothing, only shoes. You can layer over your leotard to easily transition between classes. Please note that for all ballet classes a leotard must be worn, and hair must be worn in a bun.

### Creative Movement and Foundation Ballet

- Option A      Any style and colour leotard  
Dance skirt if desired  
Pink ballet socks or pink seamless ballet tights  
Pink ballet shoes with elastic (NO JIFFIES)  
Hair secured in a ponytail or bun
- Option B      Any style singlet or fitted t-shirt  
Fitted shorts  
Any colour socks  
Black ballet shoes with elastic or black jazz shoes  
Hair secured away from face

### Ballet, Tap and Jazz Dress - Option B

White sleeveless cotton lycra leotard with Black cotton lycra tights, White socks folded down for exams (Any dance clothing acceptable for jazz/tap class but NO denim)

Hair must be worn off the face

- Ballet: Black ballet shoes with black elastic  
Jazz: Black elasticised jazz shoes (any brand best suited to the foot)  
Tap: Black lace-up (Jazz Tap) tap shoes

### Foundation Tap & Jazz – Option A

- Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Black SDA-brand hot shorts  
(any dance clothing acceptable for class but NO denim)  
Black elasticised jazz shoes (any brand best suited to the foot)  
Black low heel (Bloch Tap-On or equivalent) tap shoes  
Skintone matt tights (socks are fine for class)  
Hair must be worn in a bun or ponytail



### Ballet Dress – Option A

Levels 1 - 2: Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Lilac full circle short georgette skirt (any colour/style leotard & skirt are acceptable for class)  
Pink seamless ballet tights (ballet socks are fine for class)  
Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)  
Black low heel canvas character shoes (grade 2 – term 3 onwards only)  
Hair must be worn in a bun

Levels 3 - 7: Jacaranda wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
(any style/colour leotard is acceptable for class)  
Pink seamless ballet tights (ballet socks are fine for class)  
Pink leather full or split sole ballet shoes with elastic (ribbons required for exams only)  
Black low heel canvas character shoes (grades 3-4 – term 3 onwards only)  
Black high heel canvas character shoes (grades 5-6 – term 3 onwards only)  
Hair must be worn in a bun

Major Levels: Aubergine camisole cotton lycra (Energetiks Caroline or Annabelle or equivalent) leotard  
(any style/colour leotard is acceptable for class)  
Pink seamless ballet tights  
Pink split sole canvas shoes ballet shoes with elastic  
Pink pointe shoes with ribbons (after pointe approval completed from teacher)  
Hair must be worn in a bun

### Jazz Dress – Option A

Levels 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone matt tights (socks are fine for class)  
Black elasticised jazz shoes (any brand best suited to the foot)  
Hair must be worn in a bun or ponytail

Levels 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone matt tights (socks are fine for class)  
Black elasticised jazz shoes (any brand best suited to the foot)  
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.



### Tap Dress – Option A

Levels 1 - 6: Black wide strap camisole cotton lycra (Energetiks Annabelle or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone fishnet tights (exam only) (socks are fine for class)  
Grades 1-4: Black low heel (Bloch Tap-On or similar) tap shoes  
Grades 5-6: Black high heel (Bloch Showtapper or similar) tap shoes  
Hair must be worn in a bun or ponytail

Levels 7 - 9: Black double strap camisole cotton lycra (Energetiks Tiffany or equivalent) leotard  
Black SDA-brand hot shorts (any dance clothing acceptable for class but NO denim)  
Skintone fishnet tights (exam only) (socks are fine for class)  
Black lace-up (Bloch Jazz Tap or similar) tap shoes  
Hair must be worn in a bun or ponytail

Level 10: To be discussed with Miss Shilleena. Any dancewear is suitable for class.

### Open Pointe Technique/Ballet Conditioning

Leotard and ballet tights. Shorts/ballet skirts may be worn with bare feet or socks. Hair to be worn off the face.

### Contemporary/Lyrical

Comfortable, non-restrictive dancewear (no denim). Foot thongs, socks or bare feet. Hair to be worn off the face.

### Street Jazz & Commercial Jazz

Any style dancewear (no denim) with jazz sneakers or non-marking sneakers. Hair to be worn off the face.

### Cabaret

Fitted, non-restrictive dancewear (no denim) with chorus/cabaret heeled shoes. Hair to be worn off the face.

### Jazz Technique

Fitted, non-restrictive dancewear (no denim) with black elasticised jazz shoes (any brand best suited to the foot). Hair to be worn off the face.

### Acrobatics

Fitted, non-restrictive dancewear (no denim). No shoes required - bare feet only. Hair to be worn off the face.

### Adult Classes

Any comfortable dance or exercise wear. Shoes appropriate to dance style. Hair to be worn off the face.



### Performance Troupe Classes

Any style dancewear (no denim). Shoes appropriate to dance style. Hair to be worn off the face.

### Grooming

As well as correct dance attire & shoes, grooming is very important in dance training. Hair should be worn in a bun with NO hair in face for ballet. Secure ponytail with NO hair in face for all other classes. In cooler weather only crossovers (a tight dance "cardigan") can be worn over leotards. Legwarmers are permitted. NO baggy jumpers or tracksuit pants are allowed in class. For the safety of all students, bulky watches and jewellery must not be worn to class (small studs or sleepers permitted).

### Shoe Care

Don't forget dance shoes should only be worn in the dance studio to make sure they are kept in the best condition. Change into your shoes just before your class starts and take them off before you leave the studio.